

Two-Hour Forum Meeting (8-10 people--Closed Group)

Norm Smookler Suggestions—July 28, 2021

START 15 minutes	Moderator Script: “Good to see everyone. Just a reminder that our time together is 100% confidential including no sharing with our spouses. We are here to fully support and respect each other and the best way to do this is to listen deeply. Thanks to INSERT for being our timekeeper today. Please turn off your electronic devices. Let’s start with our initial check ins—we have <u>up to one minute each</u> . How are you doing? I’ll start.”
LIFE UPDATE 45 minutes	Moderator Script: “This is our time to go deeper with our updates. Please take <u>5 minutes</u> to write out the highs and lows since we last met in your personal and professional life and one thing you are looking forward to in the next month.” “Thank you, we will now have <u>up to 3 minutes</u> each to share. I’ll start.” “Thank you, who is willing to take <u>15 minutes</u> to share more about something they mentioned in the update? As we know, this is a special opportunity to have the support of this group! Who is working with an issue and would like to volunteer this month?”
PERSONAL STORY TELLING 45 minutes	Moderator Script: “Thank you INSERT for being willing to share more with us. You will have up to <u>15 minutes</u> . This is an opportunity for all of us to show our support and develop our listening abilities, to be exceptional “story catchers.” After INSERT completes the short life story we will each get a chance to speak for <u>up to a minute</u> about how we connect with the story. This could be physically, mentally, emotionally or spiritually. I suggest the script ‘This is how I connect with what you shared...’ INSERT please go ahead with your story.” “Thank you! This is how I connect with what you shared INSERT. Who would like to go next? Remember we have a minute each.” Ensure everyone shares or passes. If someone passes give them a second chance. “Thank you all for sharing. You as the presenter INSERT get the last word. Take your time.”
CLOSE 15 minutes	Moderator Script: “Thank you again to our risk taker INSERT and to all of you for your engagement. Let’s do a closing round. We have a minute each to say what our experience was today and how we have benefited from our time.” “Thank you! See you next time!”